## Do you need support?





Are you pregnant or a single parent?



Are you below 18?



Are you living with a disability, or need support due to your age?



Are you injured or ill?



Are you worried, sad or you find it hard to sleep?



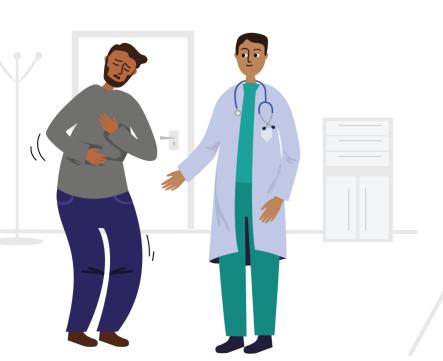
Have you been abused?
Have you felt or do you feel
afraid of someone?

...or are you in any other situation requiring support?

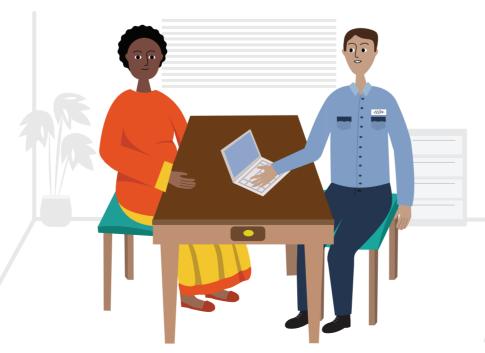


## Speak to the staff members working here and ask for help! They will listen and assist you depending on your needs.

**Doctor** 



Police officer or another official



**Social worker** 

